

Full Report (All Nutrients) 45089099, B&M, BAKED BEANS WITH MOLASSES, PORK & SPICES, ORIGINAL, UPC: 04783539

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Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer B&G FOODS, INC.

| Nutrient | Unit | Data points | Std. Error | 0.5 cup 131g | 1 Value Per100 g |
|--------------------------------|------|-------------|------------|-----------------|------------------------|
| Proximates | | | | | |
| Energy | kcal | -- | -- | 160 | 122 |
| Protein | g | -- | -- | 8.00 | 6.11 |
| Total lipid (fat) | g | -- | -- | 1.00 | 0.76 |
| Carbohydrate, by difference | g | -- | -- | 35.00 | 26.72 |
| Fiber, total dietary | g | -- | -- | 8.0 | 6.1 |
| Sugars, total | g | -- | -- | 11.00 | 8.40 |
| Minerals | | | | | |
| Calcium, Ca | mg | -- | -- | 60 | 46 |
| Iron, Fe | mg | -- | -- | 2.70 | 2.06 |
| Sodium, Na | mg | -- | -- | 390 | 298 |
| Vitamins | | | | | |
| Vitamin C, total ascorbic acid | mg | -- | -- | 0.0 | 0.0 |
| Vitamin A, IU | IU | -- | -- | 0 | 0 |
| Lipids | | | | | |
| Fatty acids, total saturated | g | -- | -- | 0.000 | 0.000 |
| Fatty acids, total trans | g | -- | -- | 0.000 | 0.000 |
| Cholesterol | mg | -- | -- | 0 | 0 |

Amino Acids

Other

Ingredients

WATER, WHITE PEA BEANS, SUGAR, MOLASSES, SALT, MODIFIED CORN STARCH, PORK FAT, SEASONING BLEND (DRIED ONION, DRIED GARLIC, DEXTROSE, SPICES, NATURAL FLAVORS), MUSTARD FLOUR. *Date Last Updated by Company: 03/25/2016*